

How many classes will I have to take?

DUI/DWAI treatment levels are based on two factors:

BAC (Blood Alcohol Content) and number of prior offenses.

The following is a *guide* as to what you can expect in regards to your treatment level.

Track A: Your BAC is less than .15%, with no prior offense

You will be directed to attend Level II Education and 42 hours of Level II Therapy

Track B: Your BAC is equal or greater than .15%, with no prior offenses

You will be directed to attend Level II Education and 52 hours of Level II Therapy

Track C: Your BAC is less than .15%, but you have 1 or more prior offenses

You will be directed to attend Level II Education and 68 hours of Level II Therapy

Track D: Your BAC is equal or greater than .15%, but you have 1 or more prior offenses

You will be directed to attend Level II Education and 86 hours of Level II Therapy

What's the difference between Education and Therapy?

Education is just that - education. You will learn about the effects of alcohol on the body, what the laws are in regards to drinking and driving, as well as learn about motivation and what it takes to change.

Therapy: Therapy is the opportunity to talk, to process, and to explore how the concepts addressed in Education actually apply to you. Therapy goes deeper, explores the individual's issues, and brings change and healing into several areas of life.

Both Education and Therapy are conducted in a group setting, with each session lasting approximately two hours.

Resources:

Here's some resources to help you more:

~Alcoholics Anonymous meetings in Denver: <http://www.daccaa.org/meetings.htm>

~Rational Recovery: <http://www.rational.org/index.php?id=51>