

GC Genesis Counseling

Domestic Violence Treatment Levels

There are three levels of treatment for Domestic Violence offenders in the State of Colorado: Level A, Level B, and Level C.

A Client's treatment level is determined by submitting to an evaluation process which includes State approved/required assessment instruments. The findings of that evaluation shall determine a treatment level.

Your treatment level can go up in intensity at any time (say for example a client in treatment re-offends, their level will go up). The treatment level can go down for Level C clients if they are found to be making sufficient progress. The decision to reduce treatment level is done at the time of a Treatment Plan Review*.

(By statute, Level B and Level C clients cannot become Level A)

Level A: This level is for offenders who have been evaluated at as a Low Risk Offender. Clients are required to attend Domestic Violence class once a week. Two Treatment Plan Reviews are required prior to being eligible for discharge.

Level B: This level is for offenders who have been evaluated at as a Moderate Risk Offender. Clients are required to attend Domestic Violence class once a week *plus* one additional contact per month (known as a "Second Contact"). Three Treatment Plan Reviews are required prior to being eligible for discharge.

Level C: This level is for offenders who have been evaluated at as a High Risk Offender. Clients are required to attend Domestic Violence class once a week *plus* one additional contact per week. Three Treatment Plan Reviews are required prior to being eligible for discharge.

*Treatment Plan Review (TPR) - A TPR is conducted every 8 to 12 weeks (typically held at week 10). The review provides the client an opportunity to share what he/she has learned in treatment, identified areas to work on, and gain more detailed feedback from the Domestic Violence therapist. It

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is also an opportunity to determine if the client's treatment level can be reduced.

Second Contact: A "Second Contact" is required for Level B and Level C clients. A "Second Contact" may include a group such as: Relapse Prevention, Cognitive Therapy, Mental Health group, Anger Management group, Individual session, or Parenting. These are a few examples of a potential "Second Contact".